

**Open Meeting** with a moment of silence followed by The Serenity Prayer, Vision Statement, Service Prayer, 12 Traditions, and emphasis on 7<sup>th</sup> concept

**Introductions-** Samme, Montana RD: John, AD: Krystal, Upper Midwest Region: Jake Helena NA: Scott, Southern Idaho RD: Farmer Dave, Southern Idaho Region, Shawn Upper Midwest RD: Brendan, Upper Midwest AD: Chuck, Zonal Contact RMZF: Dawn, Zonal Contact RMZF: Cody, Utah RD: Kathleen, Colorado RD: Ben, Upper Rocky Mountain Region AD: Shawn, Upper Rocky Mountain Region RD: Berta, past Montana RD:

### **Review Agenda**

Clarified activities for the day and tomorrow.

John clarified that we do not get board representation in person as we only asked for one session so if we want WB representation in person we need to allow for at least 2 sessions

### **Region Reports**

#### **CRSCNA Report**

##### **Events:**

- CRRMCO (annual campout) was this past June, and it went great. There was a bit of a glitch in the online registration, but it was a great success.
- WRCNA is this coming August 23-25 in Empire, CO. [WRCNA XI – Women's Retreat of Colorado Narcotics Anonymous – WRCNA \(nacolorado.org\)](#) This event has grown consistently throughout the years. Even though it's a week before WCNA, it has a lot of registrations.
- CRCNA is this November 15-17 in Denver, CO [Home - CRCNA XXXVIII \(nacolorado.org\)](#) Early Bird registration goes through July 31<sup>st</sup> with discounted full packets. Preregistration is through October 31<sup>st</sup>. Lots of great merchandise and a full program with cool entertainment.

##### **Areas:**

- SUANA on the western slope is in need of an Area Learning Day and would like some help problem solving a few issues. Several Regional committee members have met to help out but possibly someone from our Zone can shed some insight. If a few folks would like to, we'll contact SUANA to see about setting up a virtual learning day.
- Mountains West Area came to Region announcing there are Groups seeking to restart this Area. They will be attending the Assembly this September to move forward with this process.
- BFF Area has a couple of meetings a week. The regional PR chair will be attending a mtg in their Area to see if they would like anything from the region at this time.

### **Regional Subcommittees:**

- H&I is getting ready to order more literature for DOC. Literature will be going to Florence Federal Correctional Facility. Gilpin County Jail reached out to a member and asked about literature for that facility. Meetings in Colorado DOC facilities are going well. Sponsorship behind the walls flyers are in the facilities. DOC Facilities currently holding H&I meetings are La Vista, Denver Women's, Fremont Correctional, Four Mile Correctional, Skyline Correctional, Arrowhead Correctional, and Territorial Correctional.
- Website pages updated – WSLD, Regional Minutes, PR, CNAC with Waiver form, campout. I think we should add tabs for PR, PI and H&I in addition to CNAC and local areas. H&I audio recording page is back up.

### **CNAC BOD:**

- The Board continues to review and sign contracts for Groups, Areas, and Regional events along with waivers. This process is getting more seamless as we continue to move forward. Both documents are on the website under CNAC.
- Seeking information from other regions if they have Areas and events DBA under their 501c3 status. If so, possibly giving suggestions to the CNAC BOD about best practices.
  - Federal taxes are filed and up to date. We continue working on State taxes.

### **The Delegate Team:**

We have kind of run into a snag with trying to decide what or how to report to region and keeping everyone engaged. Do other delegates have this and if so, what are your solutions. Everything seems to be extremely important, and we feel a deep obligation to carry the information but sometimes it gets lost in translation.

**Question for the group:** How do you engage people and keep them engaged?

#### **ESH:**

- Bulleted reports with links to the information
- Inviting people to engage and ask questions
- Encourage not chastise 😊

ILS,  
RD CO Kathleen L.  
AD CO Mike H.

### **Montana**

Gathering 36 was held in June at Hot Springs, MT and it was a great time, despite the cold weather. Awesome speakers and workshops. A fun time was had by all. •

The MTRCNA XIII: Journey of Self-Discovery this year will be held in Miles City, MT on October 4-6. Registration is open online at [namontana.org](http://namontana.org) and the square site at <https://mtrcnaxiv.square.site>

We are holding meetings in the Montana State Prison!

Area 2 requested IDT Training on Disruptive and Predatory Behavior. (This was my first one, and it went great!) Lots of discussion and amazing feedback. The meeting went longer than 90 minutes, but there was awesome information and input. Berta (former RD) and I (Samme) did the training.

We have 7 Areas that are active, and most hold great events during the summer, and speaker jams during the winter. Lots of campouts and opportunities to serve.

Sorry for the short and sweet, but I will get a better idea of what information is expected going forward.

ILS,  
RD MT Samme  
AD MT John H.

### **Southern Idaho**

Good day fellow zonies, zanies and zoomies!

It's a good day to be clean. I am here after a whirlwind family vacations tour of 9 days in San Diego, 5 days in Park City and getting to top it off with 4 days here in Helena. Thank you for your warm welcome at the Never Alone Club. I should have known the entrance was around the back, it always is. I love getting to our meetings when I travel, my wife almost as much, after occasional prodding. California meetings always have a lot of handclapping, except at the Pacific Beach meeting that is above a nursery school. They snap there. We attended a meeting in the Sasquatch area of Utah. It is a Mecca for treatment centers, still. Twenty women in a van rolled up, some with hours clean to an addict picking up a 34-year token.

Although the places are different, our message is the same: *An addict, any addict can stop using, lose the desire to use, and find a new way to live.* I love this program and the people in it.

I am here representing the Southern Idaho Region. But it encompasses the western Wyoming ski town of Alta's four meetings per week to Ontario of Eastern Oregon's 6 meetings per week. Ontario is where Southwest Idaho goes for their cannabis, so plenty for us to do there.

My regional secretary tells me:

*116 meetings per week. Our region is strong with 5 areas all represented quarterly. We have 3? Regional activities. SIRCNA, Serenity in the Wilderness, PR learning days. Oh, and we observe World Unity Day. We have a men's and women's retreat yearly. Each area has at least one activity per month. Boredom is optional! Our 1st quarter NAWS donation was \$1852.00. 2nd quarter's NAWS donation was \$7371.42. Go team!! We have stepped into the 21st century and our areas have begun to implement QR codes*

*on schedules (once scanned the QR code takes the addict to a local online meeting schedule) and are discussing other possible uses. Any input would be helpful.*

As far as WSC goes, there isn't a lot of interest from most of my regional members. At our last regional convention, I had an hour workshop on the subject and the only people that came were former RD/RDAs. They assured me that this is not a new thing. I suppose I had much less interest back when I was new in recovery. Although attending the WCNA has always been a goal I finally achieved in Orlando. Looking forward to WCNA in D.C.

At the RSC last weekend, I reported on:

- CP webinars attended
- HRP process
- 3 August 2024 – Fellowship webinar: Helping Addicts Find Us: Best practices for websites, meeting lists, and flyers
- World Unity Day – 1 September, 11:30 am EDT

I like what I heard about the trial approach in the next conference cycle. Although it was only my first WSC, it did seem like a lot of time was spent on minutia. We love to hear ourselves talk.

With that, I'm done.

ILS,

RD S Idaho Scott W.

wattyidaho@gmail.com

### **Upper Midwest Report**

We had a successful Spiritual Refreshment this past May in Minnesota. We will be having our Regional Convention in November. The date and place are TBD.

We have 2 areas in our region. Almost all meetings are in person at this point. We had a couple pop up in the rural spaces over the last half year or so, but the contacts have not responded in a while. We have 56 groups which make up 90 meetings in our region every week.

In service,

Shawn O. RD

Brendan C. AD

### **Upper Rocky Mountain Region**

Hello everyone, it is good to be here in Helena, Montana with you all.

URMRCNA was held this year in Sheridan on May 24-26. I was not able to attend but everyone has reported that it was a success. We have also moved the convention dates from May to September in hopes of having less conflicts for members who want to attend.

We have H & I going at the regional level going into all five State run correctional facilities. We have an ad hoc committee formed to come up with guidelines for "Sponsorship behind the walls."

I am sad to report that the Wyo-Braska area is no longer and active area in our region.

Thank you for letting me be of service,

Shawn S. RD and Ben AD

## **Utah**

Hello rmzf,

Sorry things have been super busy as work for me gets busy in the summer months,

Our region has been going great and has a lot of events coming that are guaranteed to be a blast... "from experience" plus we have had a ton of events that have happened recently

We recently help a group of women with their start up of a women's retreat that was held July 19<sup>th</sup> – 21 unsure how that went but my AD might have some info on that. We had 3 events in different locations June 7-9<sup>th</sup> Fish and pig, great event in northern Utah always a great time , celebration of recovery in the high Uintah area and suacna in southern Utah.

Some upcoming events include a campout this weekend... "I am frantically trying to get to" The Campvention 41 committee will be holding a Bagels & Jam pre-registration party. There will be a speaker jam and bagels to eat. This will take place July 28th from 2pm-4pm at the Park City Library on 1255 Park Avenue in Park City. Hope to see you there!

Northerns freedom fest Aug 9<sup>th</sup>-11<sup>th</sup>

Men's retreat Aug 23<sup>rd</sup>-25<sup>th</sup>

9<sup>th</sup> annual Uwana campout Aug 23<sup>rd</sup>-25<sup>th</sup>

Campvention 41 will be held at Weber Memorial Campground on September 13th-15th, 2024. [See Flyer](#) Merchandise presale is officially open!! Please visit [Shop.Campvention.com](http://Shop.Campvention.com) to order your merchandise before August 8, 2024. There will be limited quantities of merchandise available for purchase at the event. Also, please use the same link to register early and receive a free gift, quantities limited.

Plus more to come you can always check what is going on in Utah we have setup an event Calander on our website that is linked to all of our areas so info gets to there as quick as possible I know there is a lot more info that I am missing but this is what I have for now.

Utah regional indoor convention will be held in November. We have set up an event calendar on our website for more information.

ILS

Cody p.

Utah regional delegate.

### **Zonal Contacts Report**

Hello all,

Dawn and I attended the US Collaboration of Zones (USZC) on July 14, 2024. The USCZ is now an approved and functioning body with selected trusted servants and task teams. The USZC has 7 zones participating (all current functioning US zones). It was 8 zones previously, but the Autonomy Zone folded and the regions are joining other zones.

A lot of discussion about the name of the committee but a consensus was not reached. US Collaboration of Zones is currently the internal name and Narcotics Anonymous USA.

The committee election the following trusted servants for the body:

Chair – Craig R

Secretary – Rob U

Communication Task Team – Dawn P

- Manages all communications that arrive via the email or website

National Presence Task Team – Jessie N

- Works with professionals on a national level

IT Task Team – Sherry V

- Manages all IT functions including website and zoom account

If you would like to get involved in any of the above committees contact the team below:

Communications Task Team:

[Link to Communications Log](#)

National Presence TaskTeam

Vision and Mission Statement

*The Collaboration of US Zones will provide a single point of contact for Narcotics Anonymous in the United States, thereby providing a standing national presence. A national presence enables numerous Public Relations opportunities:*

- Working with national and federal agencies that are currently closed to NA in the US
- *Providing a national website and other tools that can easily connect addicts and the public to local NA meetings, phone lines, and websites.*
- Making available national PSA's that can help increase awareness of NA in the US
- Improving the quality and accuracy of meeting information across the US locally, and on na.org

*Through the collaborative efforts of the US Zones of NA, we are inspired in unity to coordinate services of which this collective is uniquely qualified. This collaboration seeks to provide a source of experience and inspiration to share with NA communities, as requested by the US Zones. This assistance will help communities grow critical services to fulfill our primary purpose that no addict seeking recovery from addiction need ever die.*

Chuck C.

Dawn P.

Clarified if you want to get more involved email [info@usa-na.org](mailto:info@usa-na.org) or Dawn 😊  
Spent time discussing the website meeting finder. If you find a meeting discrepancy, check in with your local Webservant.

### **Guidelines Review and Revision**

- **Samme** (lead), Dawn, Crystal will work on a draft in August or September and send out for review
  - o Make sure to include zonal contacts and something about US Collaboration of Zones
  - o Make sure to include expectations of hosting region such as providing facilitator and note taker

### **Term tracking**

Zonal Contacts

Dawn P second term ends July 2026

Chuck C second term ends July 2027

Webservant- Mike started March of 2024

**Mike H.** – has login information for the RMZF website and will be coordinating with Chuck with updates and archive files.

### **Discussion of rotation for Zonal mtgs**

Kathleen L. – has a tentative draft for the RMZF rotation. Discussion ensued and the following was decided upon.

- December 14, 2024                      Southern Idaho Interim CAR/CAT
  - WB participation will be requested ASAP for two sessions at least depending on Interim CAR/CAT
- July 2025                                      Upper Midwest Region
- December 2025                              Upper Rocky Mountain Region CAR
  - Would we like to move this until after the CAT is submitted?
  - **Decision: Chuck** will put out feelers with other zones to share a CAR workshop or CAR/CAT – preferably warm weather location
- May 2026                                      Utah Region at the WSC
- July 2026                                      Colorado Region

Much discussion had about interim RMZF meetings via zoom.

**Southern Idaho** will host an interim virtual meeting on October 12 at 10:00 am mountain time for the purpose of planning out the December in person meeting

**Next Meeting:** December 14<sup>th</sup> hosted by Southern Idaho more will be revealed. They will email a request to NAWS for two sessions including Interim CAR

Saturday July 27 9am until end

Open Meeting with a moment of silence followed by The Serenity Prayer, Vision Statement, Service Prayer, 12 Traditions, and 12 Concepts.  
 WB Carla Open forum and Q&A  
 December 14<sup>th</sup> hosted by Southern Idaho meeting details